



**BLUE
BANYAN
YOGA**

**SECRETS OF MEDITATION:
*The eight ways of going within
with Gandharva Sauls***

Friday April 9th 6:00 -8:30pm \$40

Are you confused about meditation? Do you find it difficult to understand or impossible to do? Are you looking for the way to quiet your mind and find the peace within that really works for you? Then this workshop with master Your Life Blueprint teacher Gandharva Sauls is for you.

*In this workshop you will discover the eight different styles of meditating and their corresponding spiritual paths. Based on his gift of reading the life blueprint, Gandharva will then tell you which of the eight styles is **your** best path to peace.*

In order to participate in this workshop please email your month/day/year/time/place of birth by April 2 to: gandharva@earthlink.net

GANDHARVA is the Your Life Blueprint Master Teacher. He has been blessed with the sacred gift of reading the Life Blueprint for each person, which illuminates their potentials in every area of life -from physical to spiritual. He has over twenty years of experience in Ayurveda and Yoga, and shares his knowledge worldwide teaching Your Life Blueprint workshops, trainings, and leading High Voltage Chanting.



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